



Month 1

Kick-off with VILT to launch their journey towards being a brave leader. This session allows the organization to formally kick-off the program, explain why this program has been chosen and what is expected, and to pass the baton on to the BLU facilitator for the duration of their learning journey. The facilitator will set the stage for the remainder of the course, create emotional safety within the group, and pave the way for a transformational experience.

Between months 1 - 2, participants complete Module 1 of the virtual self-directed "Leadership Essentials Course," with weekly check-ins.

At the end of the month, participants come together for a 2-hour live Zoom "Needs Assessment Workshop" to personalize their learning, practice the tools, and get the coaching they need.

Month 2

During month 2, participants complete Module 2 of the virtual, self-directed, "Leadership Essentials Course." with weekly check-ins.

At the end of the month, participants come together for a 2-hour live Zoom "Super Objective Workshop" to personalize their learning and get the coaching they need.

Month 3

During month 3, participants complete the virtual, self-directed, "Bravery Essentials" course, with weekly check-ins.

Month 4

During month 4, participants complete the virtual, self-directed, "Own Your Power" course, with weekly check-ins.

Between months 4 - 6, personal office hours will be set-aside for participants to sign-up for a 15-minute, 1-on-1 coaching session (one session/participant)

Month 5

During month 5, participants complete the virtual, self-directed, "Winning the Connection Game" course, with weekly check-ins.

Between months 4 - 6, personal office hours will be set-aside for participants to sign-up for a 15-minute, 1-on-1 coaching session (one session/participant)

At the end of the month, participants come together for a 2-hour live Zoom "Winning the Connection Game Workshop," to personalize their learning, practice the tools and get the coaching they need.

Month 6

During month 6, participants complete the virtual, self-directed, "Making Brave Actionable" course, with weekly check-ins.

At the end of the month, participants come together for a 2-hour live Zoom "Activating Your Super Objective and Focus Fast Workshop" to personalize their learning, practice the tools and get the coaching they need.

Month 7

During month 7, participants complete the virtual, self-directed, "Keeping Brave Alive" course, with weekly check-ins.

At the end of the month, participants come together for a final 2-hour live Zoom "Keeping Brave Alive Workshop," designed to leave them feeling confident, prepared and ready to make a positive impact.