

Setting the Stage LIVE
The Leadership Essentials, Module 1

Pre-work, Instructor Led Training (ILT) IN-PERSON Full Day Workshop, followed by Asynchronous learning (one module/week), with VILT weekly check-ins and a 2-hour VILT workshop at the end of the month

The Leadership Essentials, Module 2

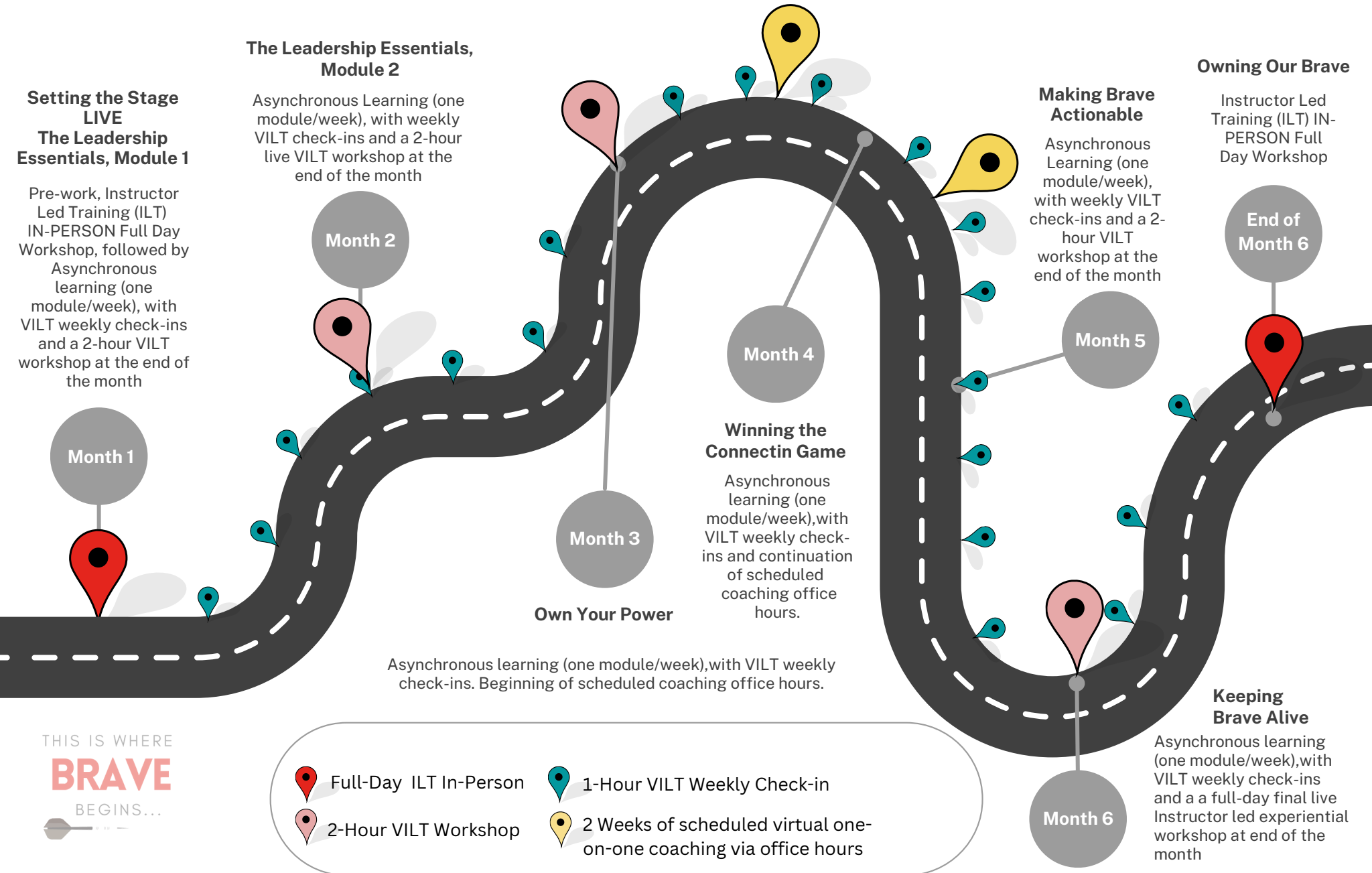
Asynchronous Learning (one module/week), with weekly VILT check-ins and a 2-hour live VILT workshop at the end of the month

Making Brave Actionable

Asynchronous Learning (one module/week), with weekly VILT check-ins and a 2-hour VILT workshop at the end of the month

Owning Our Brave

Instructor Led Training (ILT) IN-PERSON Full Day Workshop



Month 2

Month 4

Month 5

End of Month 6

Month 1

Month 3

Month 6

Own Your Power

Winning the Connectin Game

Asynchronous learning (one module/week), with VILT weekly check-ins and continuation of scheduled coaching office hours.

Keeping Brave Alive

Asynchronous learning (one module/week), with VILT weekly check-ins and a full-day final live Instructor led experiential workshop at end of the month

Asynchronous learning (one module/week), with VILT weekly check-ins. Beginning of scheduled coaching office hours.

THIS IS WHERE
BRAVE
BEGINS...



Full-Day ILT In-Person



1-Hour VILT Weekly Check-in



2-Hour VILT Workshop



2 Weeks of scheduled virtual one-on-one coaching via office hours

Month 1

Kick-off with in-person instructor led experiential training designed to launch their journey towards being a brave leader. This session will help them identify and navigate heightened emotions (vulnerability, overwhelm, stress, anxiety, uncertainty, ambiguity, change, etc.), allows us to create emotional safety and connection within the group, and set the stage for a transformational six months together.

Between months 1 and 2, participants complete Module 1 of the virtual self-directed "Leadership Essentials" course, with weekly check-ins.

At the end of the month, participants come together for a 2-hour live Zoom "Needs Assessment Workshop" to personalize their learning, practice the tools, and get the coaching they need.

Month 2

During month 2, participants complete Module 2 of the virtual, self-directed, "Leadership Essentials" course, with weekly check-ins.

At the end of the month, participants come together for a 2-hour live Zoom "Super Objective Workshop" to personalize their learning and get the coaching they need.

Month 3

During month 3, participants complete the virtual, self-directed, "Own Your Power" course, with weekly check-ins.

Between months 3 - 5, personal office hours will be set-aside for participants to sign-up for a 20-minute 1-on-1 coaching and feedback session (one session/participant)

Month 4

During month 4, participants complete the virtual, self-directed, "Winning the Connection Game" course," with weekly check-ins.

Between months 3 - 5, personal office hours will be set-aside for participants to sign-up for 1-on-1 coaching and feedback (one session/participant)

Month 5

During month 5, participants complete the virtual, self-directed, "Making Brave Actionable" course, with weekly check-ins.

At the end of the month, participants come together for a 2-hour live Zoom "Activating Your Super Objective and Focus Fast Workshop" to personalize their learning, practice the tools and get the coaching they need.

Month 6

During month 6, participants complete the virtual, self-directed, "Keeping Brave Alive Course," with weekly check-ins.

At the end of the month, participants come together for a final full-day in-person, instructor led experiential training designed to put all the tools they've learned to the test and leave them feeling confident, prepared and ready to make a positive impact.